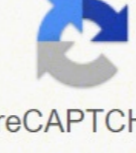
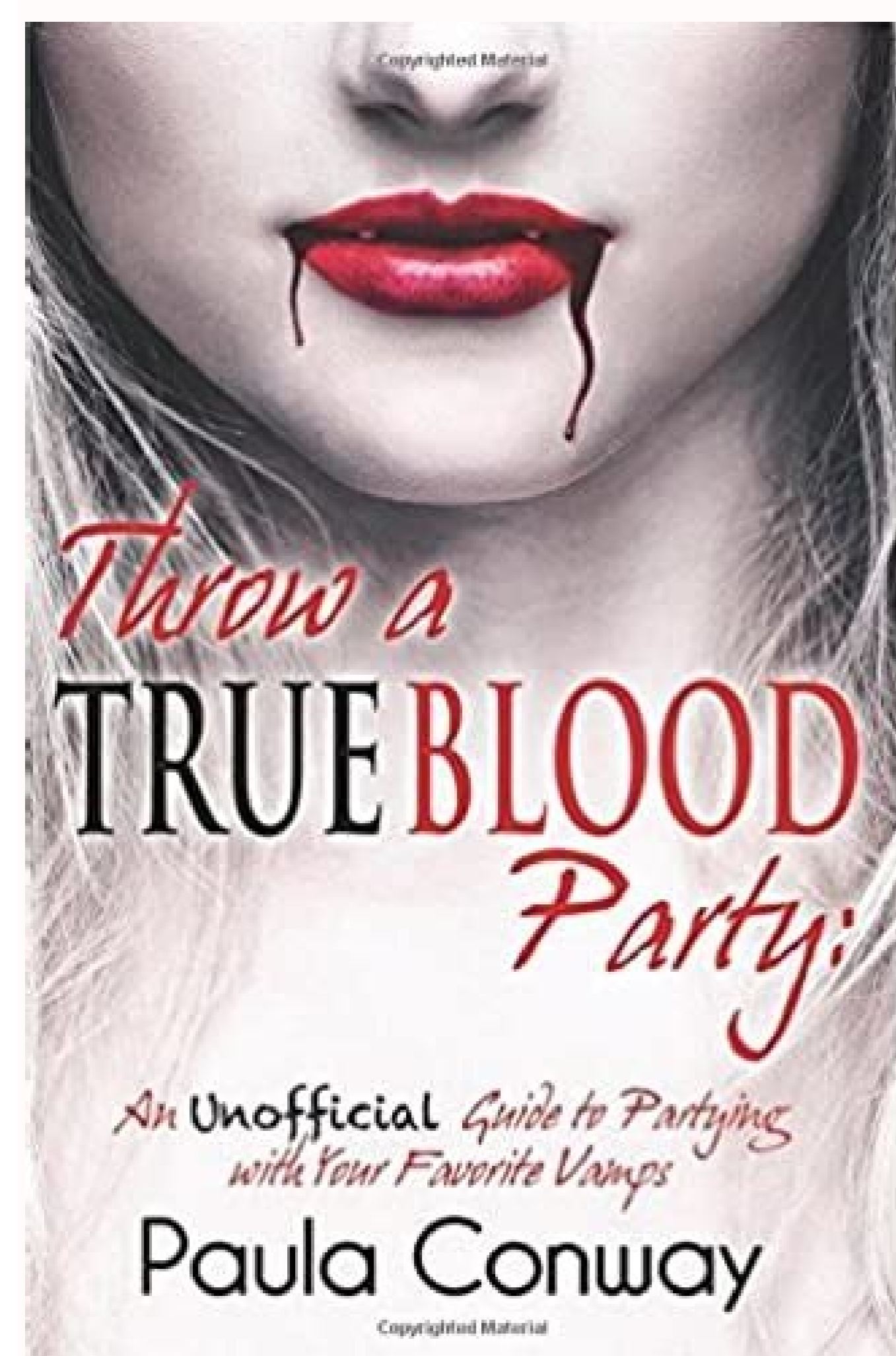
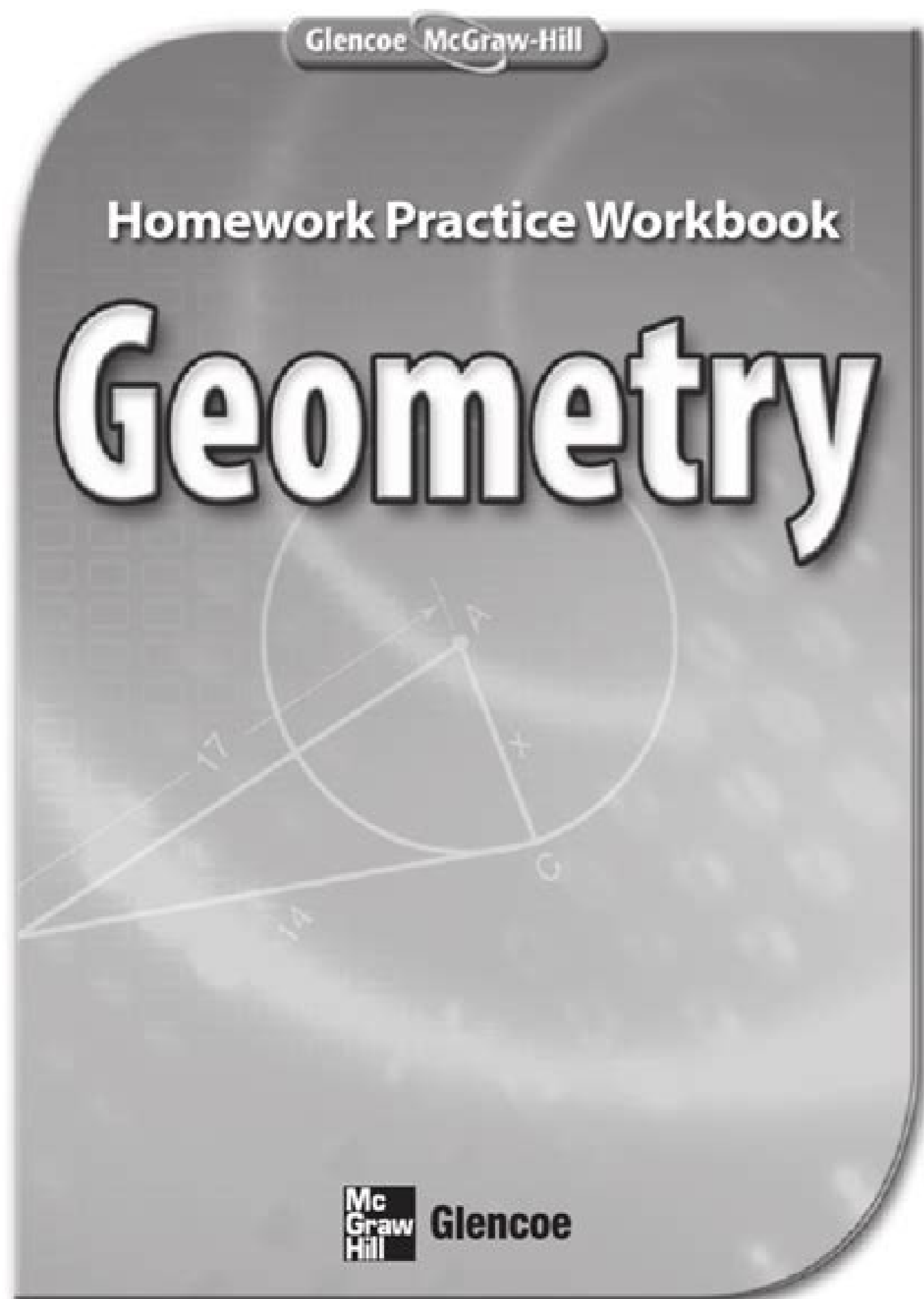
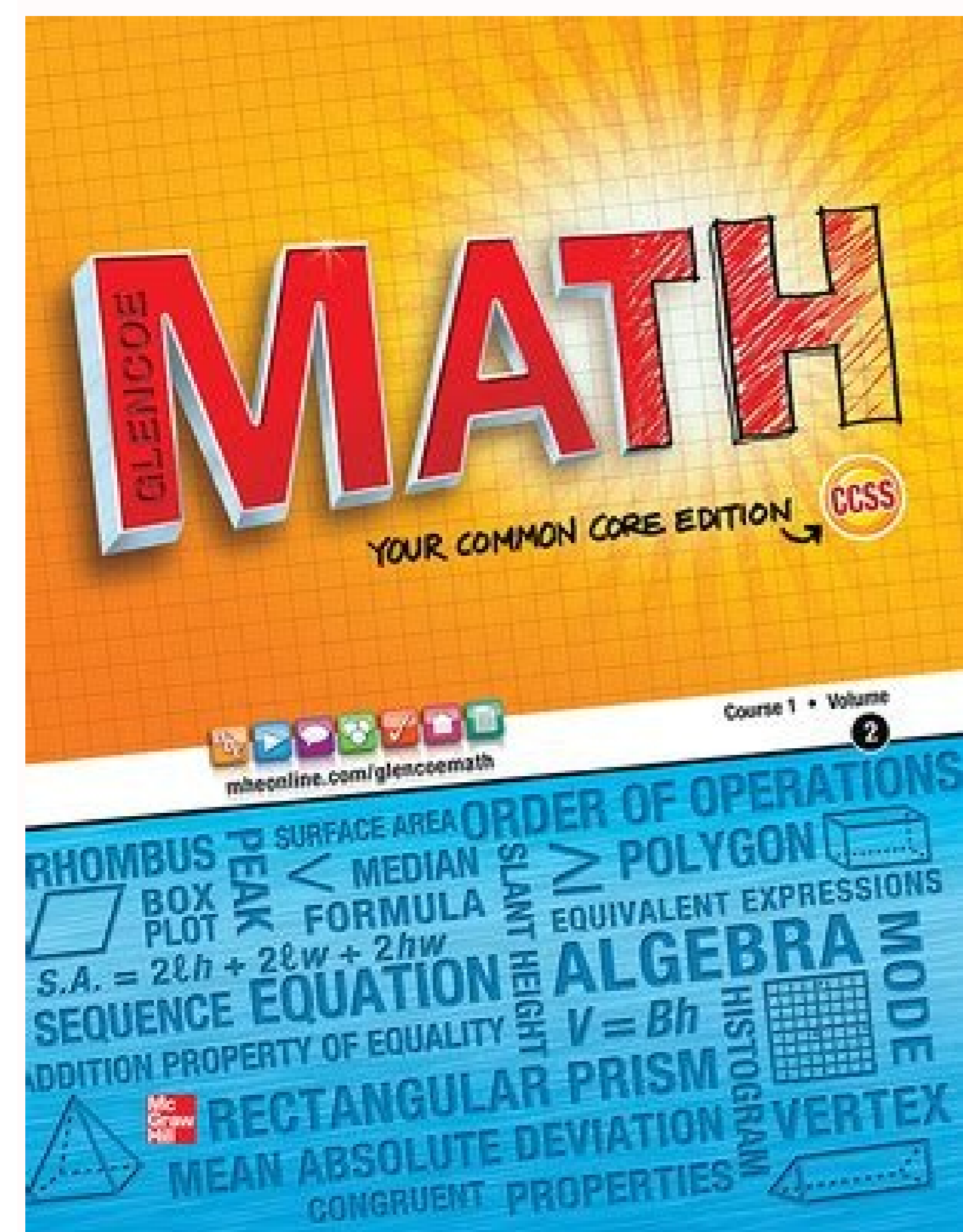


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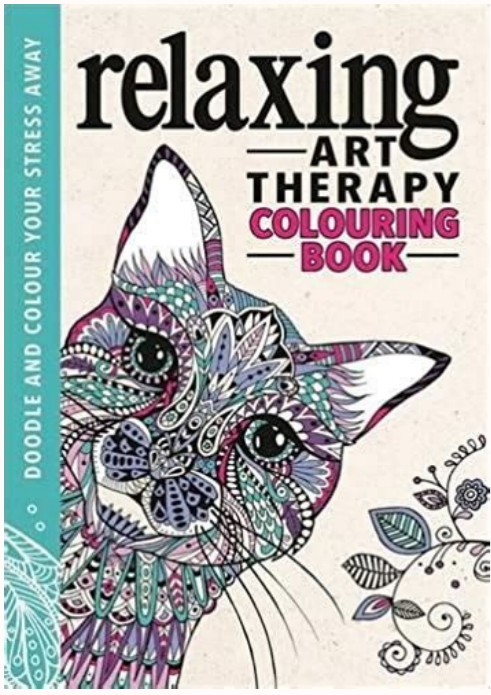
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Nicotine, one of the substances in tobacco, is the main cause of developing addiction in smokers. When nicotine enters the brain, it makes people more energized, because of its stimulating effect on nerve cells. That feeling only lasts for a while and wears off with time, and eventually the person feels more tired and craves for more. When the person quit smoking, the physical symptoms of withdrawal appear. Those symptoms include anxiety, irritation and depression.

In addition, smokers often experience criticism and isolation in social events because most people find secondhand smoking offensive and will not allow that someone else jeopardize their health.

Finally, selling tobacco products to person under the age of 18 is illegal and smoking is prohibited on school property. If the student breaks those rules he might be suspended or expelled. Also, in some countries, smoking is prohibited in coffee shops and other closed areas and if the person breaks the law, he must pay a fine.



MORE FROM ASKMONEY.COM Most sites provide plenty of room in which to write your question: it can be worthwhile to make a note of answers you’ve already looked into and discounted, or other information that can help limit your request.Unfortunately, not everyone who hangs out on a website and types up answers to random strangers’ questions is a reliable source. With really broad questions, there is a certain feeling that whoever is asking hasn’t done any research, and no one wants to do someone’s work for them. But there are some websites that are all about answering questions — it’s just a matter of taking advantage of the folks who happily hang out, just looking for questions that fall into their expertise. The major difference between these and the sites I’ve been discussing is a matter of price. The university offers a 48-credit online program that comes with the same resources that on-campus students enjoy at a reasonably affordable rate. AskMeFi — The variety of questions on AskMeFi is nothing if not impressive. Upon graduation, students are ready and qualified to take the National Board of Public Health Examiners credentialing exam. University of Illinois — The Only 100 Percent Online Informatics Degree If you’re looking to earn an accredited online master of public health degree with a concentration in informatics, then look no further than the University of Illinois-Chicago. University of California Berkeley — Prepping Frontline Heroes UC-Berkeley is one of the oldest and most celebrated universities on the West Coast. You can email your question to friends and family, read Wikipedia articles until your eyelids droop, or even post your question to your blog. WikiAnswers — This site, as it happens, is a wiki where you can add a question to a particular category. If you’re looking for a place to get started, the following schools deliver on those standards, and they each have a reputation for producing talented graduates in the field of public health. It can be a good way to kill time, especially if you stick to the relatively simple questions, but some people do it for other reasons. You have to state limitations if you want people to conform to what you really want for an answer. Among the most impressive aspects of John Hopkins University’s online program is the huge number of classes available to choose from. If I’ve struck out everywhere else, I head to this site. By no means should you consider this list exhaustive, and if you have a site you prefer, please mention it in the comments. That’s really not the case, though. On most sites, question answers are only spending a small amount of time answering questions. Photo Courtesy: UIC Media/Youtube Even if you’re not focused on informatics, UIC has several other MPH concentrations worth checking out, such as health policy and administration and community health services. Many of them are also available entirely online. The best online MPH programs are flexible, affordable, and above all, offer a solid education that will give you the skills you need to succeed in the workplace. Part of what makes the curriculum unique is its focus on educating future leaders in global health. I’ve found, for instance, really broad questions get ignored. It’s up to you to sort out the information you can really use and set aside the rest. They’ll go for the easy responses first — the questions they can answer in under five minutes. It’s not always an issue of whether anyone knows the answer: you may need to tweak your question-writing technique.
↳ Scroll down to continue reading article
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↳ It can also be difficult to write a question that gets the answer you’re looking. Don’t miss your FREE gift. University of Florida — Great Education at an Affordable Price Regardless of whether or not you happen to live in Florida, Gainesville’s University of Florida is a great place to earn an MPH online. More than once, I’ve had to rewrite and repost questions because I assumed that the folks looking at my question would be thinking the same way — maybe I assumed that everyone would think that I’d already looked into the obvious answer. While you’ll be expected to visit the campus twice during the program, the vast majority of coursework can be completed online. UIC is currently the only school offering a 100-percent online MPH degree with a focus on informatics. Other concentrations include global health, community health sciences, spatial data science and health policy and management. No matter what the reward, though, I firmly believe that answering questions gets my brain going and are probably better than the many YouTube videos I could be spending my time on instead. That said, many students complete their requirements in 1 to 2 years by taking up to three courses each term.
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↳ LinkedIn Answers — I’ve had good luck getting answers on LinkedIn Answers. While students are required to complete an internship, assistance is provided to help them seek out opportunities in their own area. The large course catalog makes it possible to customize your studies based on your interests, with topics ranging from adolescent health to bioethics to American Indian health. I’ve gotten much higher quality answers here than most other sites. However, the university does require online MPH students to incorporate real-life practice experience into their coursework with a six-credit study in either a local public agency or nonprofit. The site handles that sort of thing automatically. Photo Courtesy: CDC/Upplash If you’re considering pursuing a Master of Public Health (MPH) degree but are unable to dedicate time on campus to complete a conventional degree, there are numerous online programs that can help you further your education no matter where you are or what your schedule looks like. Other sites award points for good answers, although some points systems may be arbitrary and I’m still not sure what value most of those points have. If you need something a little more reliable, though, it might just be worth investing in a few minutes of an expert’s time.Give Back a Few Answers of Your OwnWhile spending all day on AskMeFi, answering every question you can, may not seem like a good time to you, it still may be worth your while to spend a little time on one of the various answer sites. University of Alabama — Diverse Concentrations If you’re looking to specialize your studies, then UAB-Birmingham’s online MPH program could be for you.
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↳ Thanks for visiting. The folks who frequent the site seem to be able to answer just about anything. I’ve actually found that once I have an answer, it’s much easier to Google for confirmation than it was to get Google to find an answer in the first place. The Best Diets for Cognitive Fitness, is yours absolutely FREE when you sign up to receive Health Alerts from Harvard Medical School Sign up to get tips for living a healthy lifestyle, with ways to fight inflammation and improve cognitive health, plus the latest advances in preventative medicine, diet and exercise, pain relief, blood pressure and cholesterol management, and more. Photo Courtesy: MPH at UNC/Youtube The university is also big on community, offering students ongoing guidance and mentorship from program staff. Photo Courtesy: UFHealth/Youtube Students can progress at their convenience through pre-recorded lectures and online proctored exams. Students are offered courses covering everything from social and behavioral science to health services management. Photo Courtesy: UC Berkeley/Youtube The program recently launched a new epidemiology and biostatistics concentration to train frontline public health responders with the real world skills needed to address crises such as the COVID-19 pandemic.
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↳ There are also more than a few sites that guarantee that you can have your questions answered by experts. Heck, even Slashdot posts questions on a regular basis, allowing readers to contribute ideas. Today alone there are questions about water resource engineering, vacation planning and more. University of North Carolina at Chapel Hill — Training Tomorrow’s Global Leaders Known as MPH@UNC, UNC-Chapel Hill’s online program features the same curriculum offered through the Gillings School of Global Public Health. Depending on the importance of the question, I try to do a little research to, at least, confirm the answers I’ve received. I know there are plenty of sites focused on particular topics as well as forums that can help lead you to the information you’re looking for.Crafting the QuestionNot all questions get an answer, no matter which site you post it on. While questions on this site are supposed to focus on business, there’s a little leeway. Many members of Linkedln, for instance, answer questions to help build up their reputations as experts in particular subjects. Students are immersed in a variety of courses that leave them prepared to tackle public health problems on both a local and global scale. Students choose between public health practice or social and behavioral sciences as their concentration. You don’t have to actually wikify either questions or answers, though. Johns Hopkins University — Extensive Course Selections Based in Baltimore, Maryland, Johns Hopkins University offers students the chance to earn a Master of Public Health degree online, on-campus, or via a combination of the two. Beyond these four sites, there are thousands of other sites devoted at least partially to answering questions. However, with so many options to choose from, it can be hard to identify the best school for you. As long as you don’t care about the quality of your answers, you can get them for free. You still may not find the answer you’re trying to find. This concentration helps students develop expertise in applying information technology to public health, research, learning and practice. The internet is all about information, but sometimes it can be hard to sort out the answer you really need from the celebrity gossip and gadget rumors. There’s a higher likelihood of getting an answer you can’t use here, just as there’s a higher chance of getting any answer at all. Photo Courtesy: University of Alabama/Youtube Students enjoy online public health courses identical to those taught on-campus. The university’s MPH program is a 27-month experience designed to offer flexibility for working professionals. Yahoo/Answers — Yahoo/Answers seems to just have more people frequenting it than any of the other sites I use to find answers. Especially if you’re asking about sensitive subjects, you might get a few ‘interesting’ answers. With extensive online learning options, students can study at their own pace with the help of pre-recorded lectures, live chats, and discussion boards. Photo Courtesy: Johns Hopkins Bloomberg School of Public Health/Youtube The program is perfect for working professionals, as it allows each student up to four years to complete their degree requirements. Concentrations include maternal and child health policy and leadership, population health, healthcare organization, health behavior, environmental and occupational health, epidemiology and more, with many options completely available online. As part of their degree, students gain hands-on experience with over 200 hours of fieldwork tailored around their unique interests and capabilities. They’re also assigned academic and faculty advisors and can interact with faculty members via email, phone or Zoom conferencing.

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